

BUG OUT BAG

* This is a list of suggestions only and does not guarantee survival in a disaster



Think light camping for 4 to 7 days

Suggestions:

- Have a list & directions for local pre-assigned emergency shelters
- Designate an initial rendezvous point
- Have emergency agency numbers and personal contact information
- Have a map of the local area
- Store small items in zip lock bags
- Leave or evacuate wearing clothes in layers to minimize carried items
- Educate friends, neighbors and relatives to be prepared (the more people that are prepared, the less stress for everyone)
- Get to know your close neighbors (do you know how they will act in the face of a disaster?)

Hardware:

- Rolling duffle bag (preferably with shoulder straps for carrying)
- One rucksack per person for personal items
- Small emergency radio (wind up or solar)
- Two-way radios for family communication
- Light (head lamp, flashlights with extra batteries)
- Fire starter
- Dust masks
- First aid kit
- Swiss Army knife
- Small multi-tool
- One light sleeping bag per person (minimum of one for every 2 people)
- Tarp / plastic
- Zip ties
- Duct tape
- Roll of bailing wire
- Light rope (para cord)
- Hand warmers
- Water filter
- Camp stove with fuel
- Light utensils & hot capacity cups
- Quick cooking food (light dried food and snacks)
- Freeze dried dinners, top ramen, jerky, instant breakfast, breakfast bars
- Wildlife and personal protection repellent
- Cell phone with charger



- One gallon of water per person

Personal Items

- Medications
- Toilet Paper
- Eye care (glasses, contacts...)
- Extra clothing (gloves, hat, coat, boots...etc.)
- Dental care items
- Anti bacterial soap/hand wipes
- Synthetic towel
- Bug repellent
- Small sewing kit
- Extra important keys

Personal information

- Photo copies of the following:
 - Titles
 - Licenses
 - Last Will and Testament
 - Identification
 - Banking information
 - Credit cards
 - Medical information including list of prescription medications
 - Diversions or comfort items: Children's toy, reading material, cards, other games