Veterans Help Resources

We would like to give a special thanks to the <u>National Veterans Foundation</u> and other sources who helped compile this extensive list of resources available to veterans and their families.

If you have a specific question or situation not addressed by the following resources, please call the Lifeline for Vets: (888) 777-4443.

Local Alaska

VA Vet Centers

Provides readjustment counseling to Veterans, active duty Service members and their families in a safe, confidential environment. Over 70% of Vet Center staff are Veterans for which the majority are combat Veterans.

Anchorage Vet Center 4400 Business Park Blvd, Ste B-34 Anchorage, AK 99503 907-563-6966

Fairbanks Vet Center 540 4th Avenue, Ste 100 Fairbanks, AK 99701 907-456-4238

Kenai Vet Center 43299 Kalifornsky Beach Rd, Ste 4 Soldotna, AK 99669 907-260-7640

Wasilla Vet Center 851 E. Westpoint Dr, Ste 102 Wasilla, AK 99654 907-376-4318

UAA

UAA Military and Community Resources – 786-6962 http://www.uaa.alaska.edu/veterans/

VetSuccess on Campus – VA vocational assistance Terry Jackson – 907-786-6962

Student Veterans of UAA

https://life.uaa.alaska.edu/organization/veterans of uaa

UAA Student Health and Counseling Center – 786-4040 http://www.uaa.alaska.edu/studenthealth/

Community resources:

Alaska Veterans Organization for Women (AVOW) – provides connection, advocacy and retreats for women veterans https://www.facebook.com/AlaskaWomenVets/

Alaska Healing Hearts – Outdoor recreation for veterans to include hunting and fishing - 232-1527 http://www.alaskashealinghearts.com/

Project Healing Waters Alaska – Fly fishing for veterans http://www.projecthealingwaters.org/programs/locations/alaska/

Helplines

Lifeline for Vets

Connects callers to another veteran of America's armed forces. This hotline is "vets serving vets" and provides needed help to veterans, their friends, and families. It is toll-free and answered by a real person (not a phone tree) Mon-Fri, 9-5 PST.

(888) 777-4443

National Center for PTSD

Provides resources to individuals seeking PTSD care for themselves or loved ones.

(877) WAR-VETS (927-8387)

Veterans Crisis Line

Connects Veterans in crisis and their families and friends with qualified, caring Department of Veterans Affairs responders through a confidential toll-free hotline, online chat, or text.

(800) 273-8255

National Suicide Hotline

The Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals.

(800) 273-TALK (8255)

Stop Soldier Suicide

Stop Soldier Suicide provides free resources and support to all past and present military and their families. They are equipped to meet the complex needs of the military community and their resources include emergency financial aid, housing assistance, PTSD referrals, and more.

(800) 273-8255 #1

Job Resources

Jobs for Veterans

Provides a list of current job openings across the United States that is updated daily. On the website, veterans can download a free veteran resume guide for help writing an impressive resume. This website also has a resource for employers to post jobs for veterans.

VA Vocational Rehabilitation and Employment Home

Veterans may receive vocational rehabilitation and employment services to help with job training, employment, resume development, and job seeking skills coaching. Other services may be provided to assist Veterans in starting their own businesses or independent living services for those who are severely disabled and unable to work in traditional employment.

VA Employment Programs for Homeless Veterans

VA's Compensated Work Therapy (CWT) Program is a national vocational program comprised of three unique programs which assist homeless Veterans in returning to competitive employment: Sheltered Workshop, Transitional Work, and Supported Employment. Veterans in CWT are paid at least the federal or state minimum wage, whichever is higher.

American Job Centers

America's Service Locator connects individuals to employment and training opportunities available at local American Job Centers. The website provides contact information for a range of local work-related services, including unemployment benefits, career development, and educational opportunities.

National Veterans Foundation Job Board

A listing of jobs across the country at companies interested in hiring veterans.

Work for Warriors (Guard and Reserve)

Job Postings & Unit Vacancies. The California Military Department is a diverse, community-based organization comprised of four pillars: the California Army National Guard, the California Air National Guard, the California State Military Reserve and the California Youth and Community Programs.

Department of Labor, Women Vets Site

The Women Veterans site at the U.S. Department of Labor.

Dress for Success

The mission of Dress for Success is to promote the economic independence of disadvantaged women by providing professional attire, and a network of support and career development tools to help women thrive in work and in life.

Small Business (SBA Veteran & Disabled Veterans)

If you are a veteran or service-disabled veteran, SBA has resources to help you start and grow your small business.

Housing and Homelessness

VASH Program

The HUD-Veterans Affairs Supportive Housing (HUD-VASH) program combines Housing Choice Voucher (HCV) rental assistance for homeless Veterans with case management and clinical services provided by the VA.

SSVF

Under the SSVF program, VA awards grants to private non-profit organizations and consumer cooperatives who can provide supportive services to very low-income Veteran families living in or transitioning to permanent housing.

Homeless Veteran Stand Downs

Stand Downs are typically one- to three-day events providing supplies and services such as food, shelter, clothing, health screenings and VA Social Security benefits counseling to homeless Veterans.

PATH (California)

PATH (People Assisting the Homeless) provides the support homeless veterans need to successfully transition from living on the street to thriving in homes of their own.

National Coalition for Homeless Veterans

The National Coalition for Homeless Veterans (NCHV) is the resource and technical assistance center for a national network of community-based service providers and local, state and federal agencies that provide emergency and supportive housing, food, health services, job training and placement assistance, legal aid and case management support for hundreds of thousands of homeless veterans each year.

Health

Find A VA Hospital or Clinic

There are over 1,000 VA Hospitals across the United States and US territories – this is a resource to search by state for hospitals, clinics, and other VA related offices.

Los Angeles County Department of Mental Health – Valor Program

The program provides specialty services to our Veterans through the Veterans and Loved Ones Recovery (VALOR) program.

VA Care Providers Program

Has several support and service options particularly for veteran caregivers. The programs are available both in and out of home to assist both the veteran and caregiver.

Make the Connection MST Site

Includes multiple resources for those seeking care for or information about Military Sexual Trauma (MST).

National Center for Telehealth and Technology- apps to support psychological health and TBI

After Deployment http://www.afterdeployment.org/

Social Support

The Mission Continues

Empowers veterans facing the challenge of adjusting to life at home to find new missions.

Team Red, White, and Blue

RWB's mission is to enrich the lives of America's veterans by connecting them to their community through physical and social activity.

Iraq and Afghanistan Veterans of America (IAVA)

The nation's largest nonprofit, nonpartisan organization representing new veterans and their families from their first day home through the rest of their lives.

Team Rubicon

Team Rubicon unites the skills and experiences of military veterans with first responders to rapidly deploy emergency response teams.

Student Veterans of America

Provides military veterans with the resources, support, and advocacy needed to succeed in higher education and following graduation.

American Legions

Focusing on service to veterans, service members and communities, The American Legion currently has about 2.4 million members in 14,000 posts worldwide.

VFW – Veterans of Foreign Wars USA

Fosters camaraderie among United States veterans of overseas conflicts.

XSports4Vets

A group of current conflict veterans that strive to help other combat veterans succeed. Utilizes extreme sports to take the edge out of civilian life including river boarding, rock climbing, mountain biking, sky diving, and many other activities. "Some of us have wounds left over from combat, others can't be seen – but we all benefit from getting out and meeting people that have been in our shoes."

Next Step Service Dogs

Empowers positive change for veterans with invisible disabilities such as Post-Traumatic Stress Disorder (PTSD) and Traumatic Brain Injury (TBI) through the use of expertly-trained service dogs.

Legal

Veterans Legal Institute

Veterans Legal Institute (VLI) seeks to provide pro bono legal assistance to homeless and low income current and former service members so as to eradicate barriers to housing, education, employment and healthcare and foster self-sufficiency.

National Veterans Legal Services Program

The NVLSP is a nonprofit organization that has worked since 1980 to ensure that the government delivers to our nation's 25 million veterans and active duty personnel the benefits to which they are entitled because of disabilities resulting from their military service to our country.

Transportation

Recycled Rides

A military/veteran support program designed to help ease the transportation burden for current military and veterans. They provide refurbished vehicles to deserving recipients. Their technicians restore these vehicles to proper driving condition.

VA Benefits Links

The US Department of Veterans Affairs provides patient care and federal benefits to veterans and their dependents – below are links to resources provided by Veterans Affairs.

- Veterans Affairs Offices, listed by state
- VA E-benefits portal to apply for and manage education, health, pensions, and other benefits
- Request a representative to help prepare and submit claims for benefits
- Path to Benefits resource for veterans and their families to learn about eligibility for benefits

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